



**SPECIAL INSTRUCTIONS FOR DIAGNOSTIC FACET INJECTION**

**REMEMBER! THIS IS A TEST TO DETERMINE IF THE NERVES ALONG THE FACET JOINTS ARE CAUSING YOUR PAIN.**

- **Do not go home and take a nap. Resume your normal activity. Do something that has caused you pain before, such as, shopping, vacuuming, or gardening.**
- **Call the office with results to the following questions 1-4:**  
(If you get the voice mail because we are with patients, please just leave this information.)

1) What activities did you do right after your injection? \_\_\_\_\_  
\_\_\_\_\_

2) During the first 4-6 hours, did you have relief from your original pain? YES  
NO

3) If yes, what percentage of the pain was taken away? (Keep in mind you may have some “site” discomfort from the injection. Do not count this.)  
25% (1/4 of pain gone)  
50% (1/2 of pain gone)  
75% (3/4 of pain gone)  
More than 75% of pain gone

4) How long after the injection did you notice the pain returning?  
• Less than 2 hours  
• 2-3 hours  
• 3-4 hours  
• 4-5 hours  
• Greater than 5 hours

**For the first 4 to 6 hours after you leave here, you should feel much better.  
ONCE AGAIN, WE DO EXPECT THE PAIN TO RETURN THIS IS ONLY A TEST.**